



## GENERAL MEDICINE

Initial ordination (E1)	15min	75 €
Medical report (E2)		15 €
Telephone consultation after initial diagnosis (D0)	10min	30 €
Consultation (J1)		15 €
Strip test in urine (5.02)		2 €
Therapeutic debriefing (TA) depending on time (TA)	per time	30 €
Blood sampling from vein (1Da)		5 €
Blood sugar level analysis (3.01)		1,75 €

## KARDIOLOGIE

Long-term ECG (34y)		100 €
24-hour blood pressure monitoring (34x)		50 €
Echocardiography incl. Doppler sonography Of the heart (EK2)		120 €
ECG during rest (12 departments) (34a) ~		43 €
ECG during rest + ECG during exertion combined:		170 €
Sonography of the carotid and vertebral artery system		55 €

## INTERNIST

Sonography of the upper abdomen	10 min	45 €
Sonography of the lower abdomen (US8)		30 €
Sonography of the thyroid gland (SP1)		35 €
Angiology (vascular medicine)		on request

## SPORT MEDICINE

Spartamedic basic examination (physical examination, performance test)	50 €
Performance diagnostics ergometer (Breathing gas analysis, lung function test, lactate measurement, glucose measurement, heart rate power curve - evaluation)	370 €
Stress ECG	130 €
Performance diagnostics on treadmill (Breathing gas analysis, lung function test, lactate measurement, glucose measurement, heart rate performance curve - evaluation)	350 €
Lactate test ergometer step incline test	110 €
Lactate test treadmill step incline test	110 €
Spartamedic fat metabolism test	130 €
Spartamedic fat metabolism test with lactate and glucose measurement	220 €
Muscle function test (shortening/detraction)	45 €

## NUTRITION

Complete nutritional consultation package	200 €
Nutritional consultation (body composition)	60 €
Nutritional consultation (nutritional analysis)	60 €
Nutritional consultation (monthly)	on request

## PERSONAL COACHING

One-time trial	60min	90 €
Sports medicine session 60min (per session)	min. 10 sessions	50 €
VIP Coaching		on request

## **HYPOXIA (WEIGHT LOSS/ PREVENTION/ REGENERATION)**

High altitude medical consultation 80€

### **High altitude medical entrance test**

Ergometer test with cardiac variability 80€

Treadmill test with cardiac variability 80€

Rowing machine test with cardiac variability 80€

Ergometer with lactate and glucose measure 100€

Treadmill test with lactate and glucose measurement 100€

Rowing machine test with lactate and glucose measurement 100€

### **High altitude training with ergometer, treadmill or rowing machine**

One time trial 60min 85€

Supervised training session 60min (10 sessions) 70€

Training without supervision on request

High altitude training over 4000m on request

Performance diagnostics examination  
at altitude room 320€

## **LABORATORY**

### **(blood analysis, molecular medicine, parameters, immune status...)**

1. individual boosters (Vitamin C - Booster; Multivit. B - complex; vitamin B12; Glutathione; L-Carnithine; Folic acid; Magnesium; Zinc, ...)

2. immune booster

3. iron booster

## Complete rehabilitation package

400 €

Laboratory examination

120 €

Physiotherapeutic and scientific care and advice

on request

### Sports physiotherapie

30min

60€

45min

75€

Muscle strength adjustment  
with lactate and glucose measurement

45min

65€

Muscle activation under EMG control

25min

45€

Stabilization and proprioception training

20min

25€

Prevention training

45min

60€

Segmental stabilization with biofeedback control

20min

40€

Manual therapy

30min

60€

Radial shock wave

20min

40€

Electrotherapy

30min

50€

Muscle and vascular ultrasound

15min

40€

**and much more...**

## PHYSIOTHERAPY

Individual therapeutic gymnastics/exercise  
therapy/manual therapy

30min

60€

EHG/TT/MT

45min

70€

EHG/TT/MT

60min

90€

Healing massage

30min

45€

Healing massage

45min

60€

Healing massage

60min

80€

Electrotherapy, heat therapy, ultrasound

15min

20€